

Banana in Coco Tara Coconut Milk

Ingredients for 4 persons:

400 ml Coco Tara Coconut Milk 2 Bananas 5 tbsps. Sugar 1 Pinch of salt

Preparation:

Cut bananas into small pieces (1/2 cm). Add Coco Tara Coconut Milk to a saucepan and heat. Add sugar and salt, and bring to the boil. Remove saucepan from heat. Add bananas and allow to draw for 3 minutes. Allow to cool for 30 minutes.

The bananas can also be lightly squashed or puréed- This dish can be served luke warm or cold. It also goes well with, for example, vanilla ice cream.